



Menu Consultation Services at The Center for Prader-Willi Syndrome

Since 1983, The Center for Prader-Willi Syndrome at The Children's Institute has utilized The Red, Yellow, Green System for Weight Control, which has proven to be an effective method for managing the diet of individuals with Prader-Willi syndrome.

The dietitians at The Center for Prader-Willi Syndrome can help you implement the Red, Yellow, Green system for weight control at your organization. Utilizing this system will ensure that you are providing a nutritionally complete and balanced diet proven to be successful.



We offer three levels of consultation services*:

- Initial menu development
- Initial menu development and one review/update over the course of the year
- Initial menu development and three periodic reviews/updates over the course of the year

*Add nutritional analysis to any level of service for an additional fee

What you'll receive:

- Customized menus taking into account patient population, allergies and intolerances, overall preferences, cost and availability of product
- 4 week cycle of menus
- Red Yellow Green book

We can help you achieve amazing results.

- At 3 months post-discharge, an average of 66% of families follow the RYG diet.
- Patients lose an average of 74% more weight and are four times more likely to lose weight than those following other diets.
- At 9 months post-discharge, an average of 61% of families follow the RYG diet.
- Patients lose an average of 67% more weight and are two times more likely to lose weight than those following other diets.

To learn more about Menu Consultation Services at The Center for Prader-Willi Syndrome or for information on pricing, please contact Gina Salvatori at gsa@the-institute.org or 412.420.2159.